



Gerbermuehle, a Design Hotel in Frankfurt



The Terrace at The Meat & Wine Co Beijing



Serene surroundings at the Dolder Grand's spa

Tantalising Trips

Cities are more than its slick tourist haunts and hotels are more than a place to crash. Engage in something truly meaningful and unusual while overseas.

TRAVEL THE INTIMATE MILE

Go for a luxe, private dining experience next time you're in China and stop by The Meat & Wine Co Beijing. Here, private and plush dining areas, pivoting walls and your very own waitstaff await. Complete with a lovely outdoor terrace for cocktail parties, The Meat & Wine Co Beijing is perfect for intimate gatherings and corporate functions. *Ch'ien Men 23, No. 23 Qian Men Dong Da Jie, Dong Cheng District, Beijing*

VISIT A HISTORIC BUILDING

Stay at the strikingly modern Gerbermuehle, a 19-room hotel near Frankfurt that was originally a corn mill in the 1520s. Enjoy its old-world-meets-new atmosphere, with a summer garden and

a cosy stone-walled bar. The house's old post-beam construction is never hidden, but is painted to match the rooms' various colour schemes, a nod to sleek modernity. Visit www.designhotels.com

GET OUT OF YOUR COMFORT ZONE

Feel like going on a hot air balloon ride over Tuscany, or journeying through Juneau's fjords by private catamaran? Or maybe, you're dying for access to a designer's atelier in Venice. Thanks to Silversea's Silver Shore Concierge, you can design your own experiences

once you're ashore – all tailored to your wants. Champagne picnic, anyone? Visit www.silversea.com

Dive into new activities



BY CLAIRE B DE GUZMAN, ADDITIONAL REPORTING: LIM PEI XUAN, MICHELLE CHOW

PRIVATE RETREAT Looking to alleviate both physical and emotional stress? Head to the COMO Shambhala Retreat at Parrot Cay, a peaceful and private island where you can take part in the seven-day restorative "Strength Without Retreat" programme, led by highly experienced Pilates specialists. Here is where you can experience a holistic approach to well-being, including useful techniques in correcting posture and improving body confidence. Afterwards, enjoy Parrot Cay's healthy cuisine, designed to fully nurture both mind and body. Visit www.parrotcay.com.biz

SPA SERENITY Zurich's iconic award-winning resort, The Dolder Grand, just had a major facelift of its sprawling 4000 square-metre historic health spa. Treat yourself to therapeutic massages as well as rejuvenating Swiss treatments within the spa's state-of-the-art-facilities. More good news: relax before



Dalm Interiors at Parrot Cay

unrivalled views of the city, the lake, and a stunning view of the Swiss Alps. This is definitely our temple of well-being. Visit www.thedoldergrand.com



Secret Tours

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Palawan in the Philippines beckons